

C's 2011 Santa Barbara Junior Lifeguards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 20 Introductions Safe Water Entries Swimming Evaluation	June 21	June 22 Uniforms Distributed Intro to Surf Swimming and Buoys	June 23 Intro to Paddleboards Training Day	June 24 Picture Day Picture Orders Due
June 27 Time Trials	June 28 Long Swim and Short Run	June 29 Long Run and Short Swim Boat Trip # 1	June 30 Relay Practice	July 1
July 4 NO JUNIOR GUARDS HOLIDAY	July 5 Butterfly Biathlon Movie Night # 1	July 6 Training for Competitions Taffy's Pizza Fundraiser	July 7 Relay Practice	July 8
July 11 Intro to Tower Operations	July 12 A & C Bonding Day	July 13 Boat Trip # 2 Training Day	July 14 Relay Day	July 15 Carpinteria Competition 9:00am – 2:00pm
July 18 Training Day	July 19 Evaluation #2 C's Annual Sandwich Contest Movie Night # 2 @ Bathhouse (upstairs)	July 20 Game Day	July 21 Fun Training Day	July 22 Regionals (San Diego)
July 25	July 26 Stud Ironman Followed by Kick Back Day	July 27 Post Stud Ironman Day	July 28	July 29 Fiesta Competition At East Beach 9:00am – 2:00pm
August 1 Rincon Surf Day (Flyer will come home)	August 2 Pier Run Challenge	August 3 Thank You Day	August 4 Pier Swim Challenge	August 5 Last Day of J.G.'s Banquet at Chase Palm Park 5 – 7pm